

State Cross Country General Information Sheet and Itinerary October 16th – 17th

- Departure time on Friday is scheduled for 2:30.
- Be sure to pack appropriate clothes (UNIFORMS!!!)
- The school will cover the cost of dinner on Friday night, hotel rooms and breakfast on Saturday morning! Be sure to thank our athletic administrators for this support!
- Be sure to bring money for lunch or snacks on the way home. Also, there is the possibility of our going to a movie on Friday night, so bring money for entertainment. Whatever we end up doing, we will be OFF of our feet!
- Please get as much SLEEP as possible throughout this week! Let's go win state!

Date	Day	Schedule
October		
16	Fri	<p>2:30PM - Depart from in front of the field house in the shuttle.</p> <p>2:30 – 5PM - Travel to Waco, TX. We will NOT be stopping to eat on the way down, so bring a snack if necessary.</p> <p>5 – 5:30PM – Check-in and get settled in hotel</p> <p>Hotel info: Marriott Courtyard Waco 101 Washington Avenue, Waco, Texas 76701 USA Phone: 1-254-752-8686</p> <p>5:30 – 10PM – Out to eat/entertainment (possible movie)</p> <p>10 – 10:30 PM – team devotional in hotel and lights out</p>
October		
17	Sat	<p>8:30AM – Breakfast at hotel or area restaurant</p> <p>9:30 – 10AM – Leave hotel for Baylor Bear Run Cross Country Course</p> <p>Bear Run Cross Country Course 3331 Airport Rd. Waco, TX 76708</p> <p>11:00 – 5A Varsity Girl's race 11:30 – 5A Varsity Boy's race</p> <p>At the conclusion of the races we will determine a time for departure. Athletes will be allowed to ride home with their parents if desired.</p>