

## District 1-5A

### Cross Country Meet

**Date:** Friday, October 9, 2009

**Race Site:** Norbuck Park, Northwest Highway and North Buckner Avenue (150 North Buckner Avenue), Dallas

**Course:** Girls- 2.0 Miles

Boys- 5 K

Note: All courses are run entirely on grass and/or dirt.

**Workers:** Workers will be supplied by Bishop Lynch High School and Ursuline Academy unless otherwise designated. All assignments will be made at the coaches/workers meetings on October 9<sup>th</sup>.

#### Time Schedule:

11:15 pm Coaches'/Workers' Meeting

12:00 pm Varsity Boys

12:30 pm JV Boys

1:00 pm Varsity Girls

1:30 pm JV Girls

Note: Awards will be presented shortly after the completion of the JV Girls' race.

**Awards:** Plaque to champion and runner-up in varsity divisions

Medals (8) to team champions in varsity divisions

Medals to top 10 finishers in all divisions

**Entries:** Will be made at meet site on day of meet. Each coach is responsible for entering his/her own athletes in the state meet. The deadline for State Cross Country entries is October 9<sup>th</sup>. Please see the TAPPS manual for entry instructions.

**Questions:** Please feel free to contact us with any questions:

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